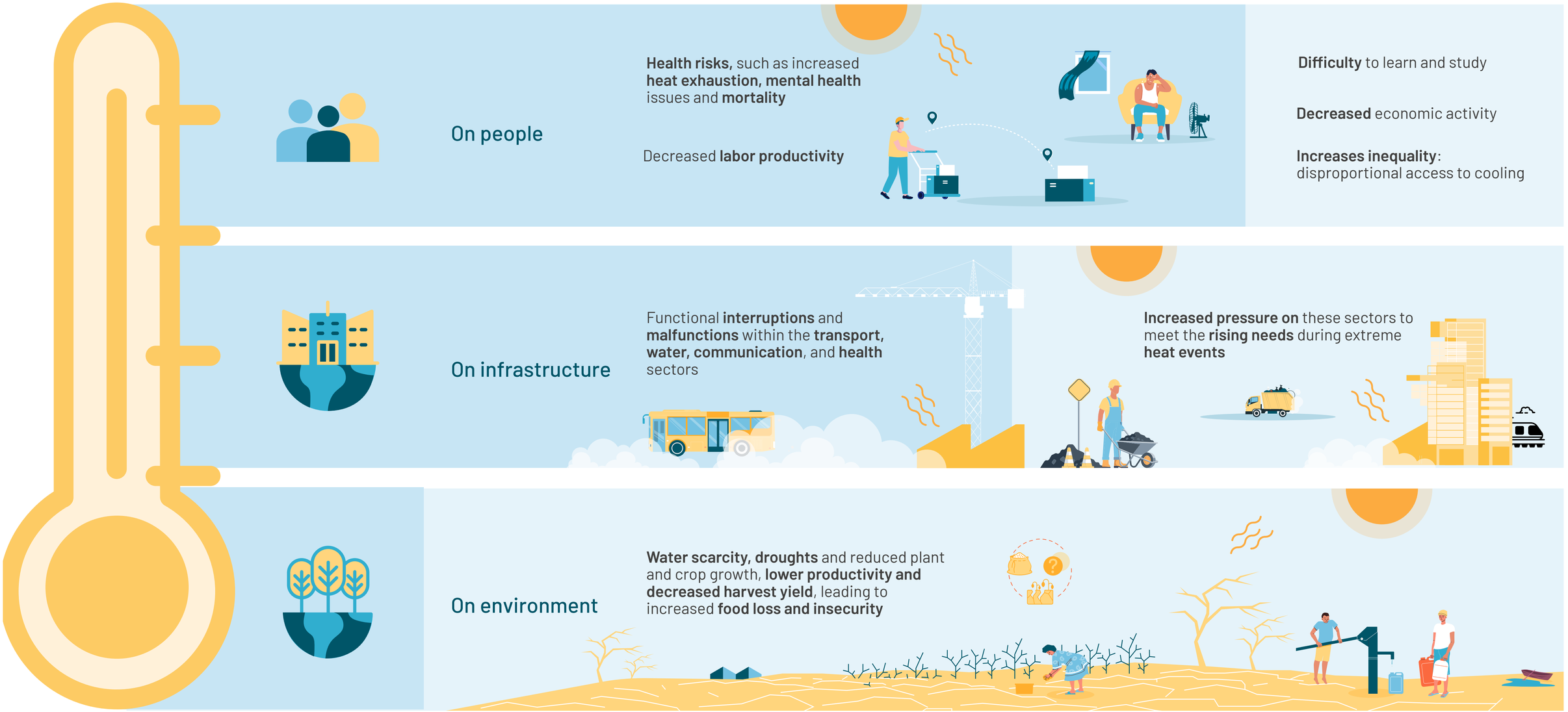Risks of extreme heat